

# *"Nurturing Parenting Programs®"*



## **3-Day Facilitator Training**

Sponsored by: **Prevent Child Abuse Virginia**

with

**Carol Dolber McMurray, MSW, ACSW**

*National Trainer/Consultant*

**Dates:** May 19 -21, 2008

**Cost:** \$290.00 includes training materials, morning and afternoon breaks, and lunch on the first and last day of training

**Location:** Prevent Child Abuse Virginia  
4901 Fitzhugh Avenue  
Richmond, VA 23230

This training is approved for 2.0 C.E.U.s by VCU's School of Social Work.

## The Nurturing Parenting Programs®

The Nurturing Parenting Programs® are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect. Departments of Social Services, Day Care Facilities, Prevention Programs of Community Services' Boards, women centers and many other agencies/ organizations committed to helping families and children in their communities have relied upon the Programs as a primary parenting program to promote healthy family life and break the cycle of child maltreatment.

The Nurturing Parenting Programs® are recognized by the National Registry of Effective Programs and Practices (NREPP), the Substance Abuse-Mental Health Services Administration (SAMSHA) and the Office of Juvenile Justice and Dependency Prevention (OJJDP).

Today, there are 18 Nurturing Parenting Programs®, each addressing the specific needs of different populations:

- ♦ Prenatal Program, *newly revised*
- \* Nurturing Skills for Teen Parents
- ♦ Parents and Their Infants, Toddlers, and Preschoolers
- \* Parents and Their School-Age children 5-11
- ♦ Parents and Adolescents
- ♦ Teenage Parents and Their Families
- ♦ ABC's of Parenting
- ♦ Families in Substance Abuse Treatment and Recovery
- ♦ Nurturing Skills for Parents
- \* Parents and Their Children with Health Challenges
- ♦ Parents and Their School-Age Children
- \* Crianza con Cariño Birth to Five Years
- ♦ Crianza con Cariño 4-12 Years
- ♦ African-American Supplemental Lesson Guide
- ♦ Hmong Parents and Adolescents
- ♦ *"Nurturing God's Way" Parenting Program for Christian Families*
- ♦ Family Nurturing Camp
- \* Alcohol and Kids Don't Mix

## Adult-Adolescent Parenting Inventory (AAPI-2)

The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting, the AAPI provides scores that profile parents at risk for abusing and neglecting children.

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### Description:

In this 3 day training, Participants will learn:

- ♦ The **philosophy, values, goals, structure, and validation of the Nurturing Parenting Program®.**
- ♦ How the **5 Constructs are taught and understood in the Program, through activities** relating to child development, personal power, alternatives to corporal punishment, and building self-esteem, self-concept and empathy in parents and children.
- ♦ A hands-on approach to **Implementing and Conducting group and home based Nurturing Parenting Programs®** that includes practice sessions, use of program materials, videos and assessment tools, children's and parents' program activities, family home practice assignments, icebreakers.
- ♦ Application of the Adult-Adolescent Parenting Inventory (AAPI-2)

During this training, different Nurturing Parenting Program® Curricula will be available for review.

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<b>Times:</b>	Monday, May 19, 2008	9:30 a.m. to 5:00 p.m.
	Tuesday, May 20th	9:30 a.m. to 4:30 p.m.
	Wednesday, May 21 <sup>st</sup>	9:30 a.m. to 4:30 p.m.

<b>Meals:</b>	Continental breakfast available daily @ 9:00 a.m.
	Lunch provided on Monday, May 19th & Wednesday, May 21st
	Lunch on your own Tuesday

<b>Breaks:</b>	Morning and afternoon
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<b>Accommodations:</b>	Hotel information and directions will be included in the registration confirmation
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### About the Sponsoring Agency:

**Prevent Child Abuse Virginia (PCAV)**, is a statewide, private, nonprofit organization, and the Virginia Chapter of Prevent Child Abuse America. PCAV leads a coalition of community partners across the Commonwealth. The agency is committed to preventing child abuse and neglect through actions taken as leaders, advocates, educators and collaborators. PCAV works with local, regional and statewide human services agencies, civic and religious organizations, businesses, health care providers and concerned citizens. PCAV believes that child abuse and neglect can be prevented by engaging individuals, families and organizations around common prevention goals

### About the Trainer:

Carol Dolber McMurray, MSW, ACSW, is a National Trainer/ Consultant with the Nurturing Parenting Programs®, and a Contract Trainer/Consultant with PCAV in the Nurturing Parenting Programs®. She has worked with and on behalf of children and families for over twenty-five years, particularly in the area of foster care, adoption, and stepfamily life.. Ms. McMurray serves as a Trainer and Adoption/Life Book Consultant with Child & Family Development Services of Richmond, Virginia. In her work to strengthen nurturing family life and prevent child maltreatment, Ms. McMurray also provides workshops and seminars on conflict resolution techniques, communication and problem-solving strategies, group and family dynamics. Ms. McMurray has conducted Nurturing Program Facilitator trainings for fifteen years and has helped organizations in the implementation of such programs. She is also an active member & coordinator of the Virginia Nurturing Network.

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## **Nurturing Parenting Programs®**

### **Facilitator Training Registration Form**

Mail registration form  
and check made payable to:

**Prevent Child Abuse Virginia**  
4901 Fitzhugh Avenue, Ste. 200  
Richmond, VA 23230  
Attn: Pat Campbell

Questions?

Phone Pat at 804-359-6166, x308  
or email to [pcampbell@pcav.org](mailto:pcampbell@pcav.org)  
fax # 804-359-5065

**Deadline for registrations is: Friday, May 9, 2008** (Space is limited to the first 14 paid registrants.)

**Cancellation Deadline:** May 12<sup>th</sup>, 2008. If May 13<sup>th</sup> or later, \$50.00 is the non-refundable processing fee.

\_\_\_\_\_ Check enclosed for **\$290.00** per person

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Name

\_\_\_\_\_  
Agency (if applicable)

\_\_\_\_\_  
Address: Street (or PO Box), City, State, Zip

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Fax

\_\_\_\_\_  
Email Address **This is IMPORTANT – You may receive updates and confirmation by email**